

FOR IMMEDIATE RELEASE

Regarding Spears' Recent Instagram Video

LOS ANGELES, Calif., Sept. 26, 2023– Yesterday, Britney Spears uploaded an Instagram video that caused many fans concern for her well-being and mental state. Ms. Spears would like to formally assure the public that she is doing well and never meant to cause a controversy around her.

Dancing has always been a passion for Ms. Spears. Whether on stage or at home, dance is a way for her to stay connected to herself, inspire her and relieve stress. The recent video she posted was another moment of artistic expression for her. The video was a way to show praise for another musical artist she deeply respects. She also emphasizes that the knives were props purchased from a local costume shop. She asks everyone to refrain from speculation and be respectful of her and her family. Nevertheless, Ms. Spears understands the post may have been startling for some and apologizes for the confusion. She wants the public to know she is healthy, happy, and doing what she is passionate about. Ms. Spears is in a safe space and she surrounds herself with love everyday.

Ms. Spears has much adoration for her fans and appreciates those concerned for well-being. This unwavering support has meant the world to Ms. Spears. It has uplifted her in her darkest hours and it has given her the courage to finally speak her truth.

Over the past several years, Ms. Spears has fought to regain control over all aspects of her life. She now has control over her own decisions and has the freedom to stand on her own. She has her life back and she is excited to give the public an honest look at the adversities she has faced in her journey to freedom.

Ms. Spears hopes fans will support her in this new chapter and that everyone be respectful, be kind and be strong. She invites everyone to dance through and celebrate life with her.

The Britney Spears Team